

AIVISTA ACADEMY

Baby Steps With AI

Module 1

What AI Is, and Why It Matters Now

AI made simple. One step at a time.

Before we start

- One word: how do you feel about AI?
- No wrong answers
- We come back to your word at the end

What you'll be able to do

- Explain AI in plain English
- Name what it's good and bad at
- Know why now matters
- Pick your first real task

The whole thing in one sentence

AI is a very good guesser.

How the guessing works

- It read an enormous amount of writing
- You give it the start
- It predicts what comes next
- Word by word by word

That's it. That's the trick.

Predicting well enough, over and over,
produces genuinely useful work.

What it is NOT

- Not conscious
- Not a search engine
- Not always right

The most important slide today

It can be confidently wrong.

This is called a hallucination.

The rule for this whole course

Trust it with the first draft.

Never trust it with the final fact.

Good at

- Starting - beats the blank page
- Shrinking - long into short
- Rewording - same point, new tone

Bad at

- Facts it can't verify
- Knowing your situation
- Decisions that carry real risk

Why now

- No technical skill needed anymore
- The time saved is real
- A gap is opening

You're not competing with the technology

- You're competing with the person
- who learned to use it.
- They were a beginner too.

Your turn

- Exercise 1.1 - say it in your words
- Exercise 1.2 - name your fear
- Exercise 1.3 - find your first task

Before Module 2

- Tell someone what you learned
- Keep your task where you'll find it
- Don't sign up for anything yet

Has your word changed?

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